

IN FLIGHT

FOR THE LOVE OF FLYING

12/18 **FlySafair**
for the love of flying

Taking Art to the Streets

PETS ON HOLIDAY

YOUR COPY TO KEEP

BEST AIRLINE - AFRICA & INDIAN OCEAN

MOST ON-TIME AIRLINE IN THE WORLD TWICE IN A ROW

TRUSTED DOMESTIC CARRIER OF THE SPRINGBOKS

6X BEST LOW-COST CARRIER ACSA FEATHER AWARDS

{ TEXT & IMAGES © ISABEL CORTHIER }

FREE YOURSELF

Despite our different backgrounds, there is a potential change agent in all of us. This is something which photographer Isabel Corthier discovered in the township of Vrygrond in the Western Cape.

➤ The fifth anniversary of the death of Nelson Mandela will be commemorated on the 5th of December this year.

For more than a year, photographer Isabel Corthier, originally from Belgium, regularly visited Vrygrond, one of the oldest townships in the Western Cape. The township is situated near Muizenberg, on the False Bay coast about 20 km from central Cape Town.

Isabel was touched by the numerous small initiatives run by members of the community, as well as by the individuals who uplift their community from within, following the principles of Nelson Mandela.

THE REALITY OF LIFE

With the portrait series Free Yourself, she focuses on the young generation, born in the 1990s. This generation grew up with hopeful anticipation for a better life, and with more opportunities than those available to their parents.

In a time when South Africa faces another pivotal moment in its history, now more than ever, the stories of a new generation of heroes are necessary.

ABOUT THE PHOTOGRAPHER

Isabel Corthier, born in 1977, is a Belgian photographer and nomad. She currently resides in Muizenberg, Cape Town. She works as a freelance photographer for different humanitarian organisations, as well as for Doctors Without Borders as a health promoter and logistician. She is an official Fujifilm X-ambassador.

INSPIRING ROLE MODELS

In this series, the photographer shows young people who fight against their circumstances, according to the principles of Mandela: "free yourself, free others, serve every day." By developing their talents, they are lifting themselves out of poverty. They have become role models for the youngsters in their community and make a positive contribution to society.



Linamandla Deliwe

Age: 25 years

From: Born in Cape Town, moved to the Eastern Cape and came back to Cape Town, in Vrygrond since 2012.

Quote: "Don't worry about the things you cannot change, worry about the things you can change. Groom young people and make them role models for other youngsters."

Bio: Even though young himself, Linamandla has worked for many years to uplift up young people in Vrygrond. For five years he ran the Computer Lab, where he taught computer and presentation skills to help young people to find employment. He shares his expertise in leadership and debating at Vrygrond Young Minds. In 2016, he co-founded the Afrioul Beauty Pageant to raise self-esteem amongst local youngsters. He is the former Speaker for the Youth in the Western Cape parliament and is currently doing his internship at the City of Cape Town as a bursary office intern.



Avela Magagasi

Age: 28 years

From: Originally from Mount Frere, Eastern Cape. Living in Vrygrond since 2007.

Quote: "You don't need a lot of money to look beautiful. Follow your passion and think out of the box. Always show respect to people who have made choices that are different from yours, and at the same time show them the other options they may have."

Bio: Even though Litha lives in a shack, he makes sure he always looks good. When his favourite pair of trousers became worn out, he became creative in repairing them with different fabric. The idea of Ubuntu Trends, a clothing brand that he started this year with some friends, is based on this principle: re-use and re-think, while being proudly African. In Vrygrond, Litha finds platforms to develop his talents. The gangs in the township often prevent youngsters from taking part in activities at night, but luckily fashion shows can be organised during the day.



Litha Sam-Sam

Age: 19 years

From: Originally from Khayelitsha. Living in Vrygrond since 2016.

Quote: "There are a lot of challenges you face here in Vrygrond, especially when you are a teenager. You need to have a lot of self-control. There's drugs, alcohol and violence that our society has come to accept. Society views you as being weird when you don't participate in these things. I find happiness in singing. I need to be different and I need to shine my light to inspire others."

Bio: Nolukhanya is the first soprano singer in the Lisedi Art School choir, as well as being a singer in her church choir. She encourages the youth to start singing to keep them busy and away from the streets. She is also the lead singer of a new group called Voices of Africa, that promotes the spirit of "One Africa". She started studying marketing this year in Cape Town, but comes home every evening to reduce costs.



Nolukhanya Zibaya

Age: 21 years

From: Vrygrond

Quote: "There are a lot of challenges you face here in Vrygrond, especially when you are a teenager. You need to have a lot of self-control. There's drugs, alcohol and violence that our society has come to accept. Society views you as being weird when you don't participate in these things. I find happiness in singing. I need to be different and I need to shine my light to inspire others."

Bio: Nolukhanya is the first soprano singer in the Lisedi Art School choir, as well as being a singer in her church choir. She encourages the youth to start singing to keep them busy and away from the streets. She is also the lead singer of a new group called Voices of Africa, that promotes the spirit of "One Africa". She started studying marketing this year in Cape Town, but comes home every evening to reduce costs.